

Primary target: LDL - Cholesterol



Risk Assessment: Fasting lipid profile in all adults 20 years or more (every 5 years)



Classification of LDL, HDL and total cholesterol



Determine major risk factors and CHD risk equivalents



Determine LDL- cholesterol goals on individual basis



Determine future risk: Framingham Risk Score



Treatment: Observation, TLC or drug therapy



Secondary Targets: Metabolic syndrome and non-HDL